

**ATAC RESOURCES LTD.  
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Vancouver, B.C. V6B 1L8**

**Trading Symbol: TSX-V: ATC**

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**NEWS RELEASE**

**GRANTING OF INCENTIVE STOCK OPTIONS**

July 12, 2004 – ATAC Resources Ltd. announces that it has granted incentive stock options to certain directors, officers and employees pursuant to its Stock Option Plan, entitling them to purchase up to a total of 2,340,000 shares at a price of \$0.25 per share for a period of 5 years.

ATAC RESOURCES LTD.

Per: Robert C. Carne, President

THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT  
RESPONSIBILITY FOR THE ACCURACY OF THIS NEWS RELEASE.