



1016 - 510 West Hastings Street
Vancouver, B.C. V6B 1L8
Tel: 604.687.2522

www.atacresources.com
info@nordacres.com
TSX-V: ATC

**ATAC RESOURCES LTD. STAKES NEW GOLD PROPERTIES TO INCREASE ITS
LAND POSITION NEAR THE WHITE GOLD DISCOVERY**

May 14, 2009 – ATAC Resources Ltd. (“ATAC”) (TSX-V:ATC) announces that it has staked two new claim blocks and has expanded its Touleary property, to substantially increase its land holdings in an emerging gold district. The Klondike-Dawson Range area of the Yukon has long been known as a prolific placer gold producer. Underworld Resources Ltd. recently announced a significant hard rock gold discovery in this area at its White Gold property (See Underworld news release dated November 24, 2008 for additional information).

Through its recent staking, ATAC now holds seven properties totalling 114 sq/km in the Klondike-Dawson Range. The newly staked ground was acquired based on proprietary geochemical data and ATAC’s previous knowledge of the area. In early June 2009, ATAC will begin an extensive exploration program on all its properties in the Klondike-Dawson Range. A particular focus will be on those ATAC properties that directly adjoin Underworld’s White Gold property.

An updated map showing ATAC’s properties in the Klondike-Dawson Range has been added to the “Properties Available for Option” section of the ATAC website (www.atacresources.com).

ATAC is a well funded junior mining company focusing on gold. Its business model entails acquiring quality prospects, upgrading them to advanced stage exploration and then attracting strong partners to move them toward production. For additional information concerning ATAC Resources Ltd. or its various exploration projects please visit ATAC’s website at www.atacresources.com.

On behalf of the Board of ATAC Resources Ltd.

Graham Downs, CEO
ATAC Resources Ltd.
T: 604-687-2522
graham@nordacres.com

NEITHER THE TSX VENTURE EXCHANGE NOR ITS REGULATION SERVICES PROVIDER (AS THAT TERM IS DEFINED IN THE POLICIES OF THE TSX VENTURE EXCHANGE) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.

This news release may contain forward looking statements based on assumptions and judgments of management regarding future events or results that may prove to be inaccurate as a result of exploration and other risk factors beyond its control, and actual results may differ materially from the expected results.