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**ATAC RESOURCES LTD. INTERSECTS 5.11 G/T GOLD OVER 70.80 METRES
 ON ITS RAU GOLD PROPERTY**

November 3, 2009 - ATAC Resources Ltd (TSX-V:ATC) is pleased to announce assays for the final 11 holes from the 2009 diamond drilling program at its wholly owned Rau property in the Keno Hill District of central Yukon. The reported drill results are all from the Tiger Zone and are highlighted by hole 09-66, which averaged **5.11 g/t gold over 70.80 m (232 ft), starting 7.01 m from surface.**

Hole #	Type	From (m)	To (m)	Interval (m)*	Gold (g/t)
Section 9+780 W					
Rau-09-61**	Sulphide	320.04	340.46	20.42	3.72
Section 9+890 W					
Rau-09-65	Oxide	116.74	152.11	35.37	1.04
Section 9+935 W					
Rau-09-63	Oxide	5.00	57.30	52.30	1.83
<i>including</i>		35.97	57.30	21.33	3.85
<i>including</i>		48.16	57.30	9.14	7.77
Section 9+970 W					
Rau-09-62	Oxide	6.10	36.58	30.48	3.01
<i>including</i>		6.10	24.40	18.30	4.64
Section 10+000 W					
Rau-09-66 ***	Mixed	7.01	103.02	96.01	4.04
<i>including</i>		7.01	77.81	70.80	5.11
<i>including</i>		13.11	28.35	15.24	10.34
Rau-09-67	Sulphide	1.52	54.86	53.34	1.36
<i>including</i>		7.62	14.00	6.38	4.40
Rau-09-68	Oxide	7.42	52.14	44.72	3.37
<i>including</i>		7.42	36.17	28.75	4.42
Section 10+040 W					
Rau-09-69	Sulphide	4.57	58.85	54.28	2.16
<i>including</i>		48.77	58.85	10.08	5.10
Section 10+080 W					
Rau-09-70	Sulphide	10.30	67.50	57.20	0.94
		19.81	28.96	9.15	2.38
Section 10+120 W					
Rau-09-64	Sulphide	107.50	111.55	4.05	3.79
		219.25	222.50	3.25	2.60
Section 10+150 W					
Rau-09-71	Oxide	6.10	33.53	27.43	2.99
		7.95	25.91	17.96	4.30

- * *Intervals shown are mineralized lengths of core; all cut across bedding but fold geometry is not well enough understood to reliably calculate true widths. Based on core axis to bedding angles, true widths are estimated to be 70 to 90% of the interval lengths.*
- ** *This interval was previously announced as a partial result (see October 19, 2009 news release)*
- *** *Multiple oxide and sulphide intervals occur within the mineralized zone.*

The remainder of the holes listed on the attached table returned grades consistent with previously reported intersections from nearby holes and continue to demonstrate good continuity within the mineralized zone. **Most of the intercepts obtained in 2008 and 2009 lie within 100 m of surface and many holes intersected mineralization directly below a thin layer of overburden cover.**

The Tiger Zone is a thick northwesterly trending body of carbonate replacement style gold mineralization hosted by a moderately northeast dipping horizon. It is currently 600 m long, 100 to 200 m wide and up to 90 m thick. Mineralization remains open to extension along strike and downdip at both ends of the known zone. The northwestern portion of the Tiger Zone is completely oxidized and features a high grade core where the best intersection graded 24.07 g/t gold across 28.04 m. The remainder of the zone consists of near surface oxide and deeper sulphide type mineralization. Complete oxidation extends up to 150 m from surface.

“The final 2009 drill results are very exciting as they continue to exhibit excellent grades and further confirm the near surface setting of the mineralization” states Graham Downs, ATAC’s CEO. “The Company is eagerly anticipating an early return to the property in spring 2010 to continue drilling the open extensions of the Tiger Zone and to test six recently discovered gold occurrences situated on trend northwest of the Tiger Zone.”

ATAC identified the six new surface gold zones by following up high values from grid and widely spaced reconnaissance soil sampling. The best zones and their related soil geochemical anomalies are in a 500 m wide belt, which lies 2 to 5 km along strike to the northwest of the Tiger Zone. Anomalous soil geochemical values stretch intermittently for about 22 km to the northwest along a well defined structural trend that is marked by magnetic highs and electromagnetic conductors. Surface rock samples collected from talus or recessive weathering gullies within the new zones assayed between 1 and 18.5 g/t gold.

While the initial focus of the 2009 drill program was on the oxidized portion of the system, the highly encouraging gold values encountered in more than one type of primary sulphide mineralization, together with the positive results obtained along trend, demonstrate the enormous potential of this large mineralized system.

Work is underway to model the geological data from the 2008 and 2009 drill programs. An expanded table with complete 2008-2009 diamond drill core assay results will be released shortly. This summary will also include values for elements such as silver, zinc and tungsten that are potential by-products. Gold-bearing sulphide and oxide mineralization from coarse reject drill core samples is also being obtained from the analytical lab to conduct preliminary metallurgical and microscopy studies.

Gold determinations were carried out at ALS Chemex in North Vancouver, B.C. where samples were fine crushed before a 250 gram split was pulverized to better than 85% passing 75 microns. The pulverizing circuit was cleaned with quartz sand twice between samples. Splits of the pulverized fraction were routinely dissolved in aqua regia and analyzed for 49 elements using inductively coupled plasma (ICP) together with mass spectrometry (MS) or atomic emission spectroscopy (AES). Gold analyses were by the Au-AA26 procedure that involves fire assay preparation using a 50 gram charge with an atomic absorption spectroscopy finish.

Rigorous procedures are in place regarding sample collection, chain of custody and data entry. Certified assay standards, duplicate samples and blanks are routinely inserted into the sample stream to ensure integrity of the assay process.

The technical information in this news release has been reviewed by Robert C. Carne, M.Sc., P.Geo., a qualified person for the purpose of National Instrument 43-101.

ATAC is a well funded junior mining company focused on gold. For additional information concerning ATAC Resources Ltd. or its various exploration projects please visit ATAC's website at www.atacresources.com.

On behalf of the Board of ATAC Resources Ltd.

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