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TSX-V: ATC

**ATAC RESOURCES LTD. ANNOUNCES GRANTING OF INCENTIVE STOCK
OPTIONS**

January 13, 2010 – ATAC Resources Ltd. (“ATAC”) (TSX-V:ATC) announces that it has granted incentive stock options to certain of its directors, officers, employees and consultants under its Incentive Stock Option Plan, entitling them to purchase up to a total of 1,700,000 shares at a price of \$1.40 per share for a period of 5 years.

ATAC is a well funded junior mining company focused on gold. For additional information concerning ATAC Resources Ltd. or its various exploration projects please visit ATAC’s website at www.atacresources.com.

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This news release may contain forward looking statements based on assumptions and judgments of management regarding future events or results that may prove to be inaccurate as a result of exploration and other risk factors beyond its control, and actual results may differ materially from the expected results.